

KING COUNTY

1200 King County Courthouse 516 Third Avenue Seattle, WA 98104

Signature Report

March 22, 2005

Motion 12089

Proposed No. 2005-0129.1 **Sponsors** Edmonds 1 A MOTION authorizing Public Health - Seattle & King 2 county to accept a donation from the Community Health 3 Plan for the purpose of purchasing pedometers to promote 4 the importance of physical activity. 5 6 7 WHEREAS, obesity is the second leading cause of preventable death in the United States, and 8 9 WHEREAS, over half of King County adults are overweight or obese, and 10 WHEREAS, unhealthy weight is linked with health problems such as diabetes, 11 high blood pressure and high blood cholesterol, and that these and other health challenges 12 are on the rise, and 13 WHEREAS, fighting overweight and obesity is a key priority for Public Health -14 Seattle & King County in pursuit of its goal to promote health behavior and prevent 15 disease, injury, disability and premature death, and 16 WHEREAS, the Community Health Plan is pledging to support King County's 17 efforts as part of Public Health Week, April 4 through 10, in promoting physical activity

*	though walking activities, including a public challenge between the King County council
	and Seattle city council on which distinguished governing body will walk the most steps
	in a month;
	NOW, THEREFORE, BE IT MOVED by the Council of King County:
	The King County council authorizes Public Health - Seattle & King County to
	accept a one-thousand-dollar donation from the Community Health Plan for the purpose
	of purchasing pedometers that will be used as part of events and activities that will

publicize and promote the importance of incorporating physical activity in the daily lives
of King County residents.

27

Motion 12089 was introduced on 3/21/2005 and passed by the Metropolitan King County Council on 3/21/2005, by the following vote:

Yes: 10 - Mr. Phillips, Ms. Edmonds, Mr. von Reichbauer, Ms. Lambert, Mr. Pelz, Mr. Ferguson, Mr. Hammond, Ms. Hague, Mr. Irons and Ms. Patterson No: 0

Excused: 3 - Mr. Dunn, Mr. Gossett and Mr. Constantine

KING COUNTY COUNCIL KING COUNTY, WASHINGTON

Larry Phillips, Chair

ATTEST:

Anne Noris, Clerk of the Council

Attachments

None